

13th Annual walk-a-thon – with a twist!

What: Group Dorval-Sources-St-Henri Walk-a-thon, in support of Hope & Cope

When: Sunday, September 13, 2020, from 9 a.m. to 12 p.m.

Where: Your neighbourhood, favourite park or walking trail

Now more than ever, cancer patients need your support as they cope not only with the challenges of cancer but also with the threats posed by COVID-19.

The pandemic may have changed our ability to gather together physically, but we can still come together in spirit!

On September 13th, we invite you to lace up your running shoes, walk with your “bubble” in your neighbourhood or your favourite park or walking trail and send us your photos. **A minimum fully receipted donation of \$25** will allow you to participate as a walker.

Thanks to the generous support of friends, suppliers, clients and families, this event has raised a combined total of over **\$720,000 dollars**. Although Hope & Cope has had to suspend on-site services during the pandemic for safety reasons, they continue to support patients through on-line activity classes and exercise consultations by phone or videoconference.

Cancer doesn't stop for COVID-19 and neither will we! Please walk with us on September 13th. Every step you take will make a difference in the lives of cancer patients and their families.

To sign up or donate on-line go to: <https://jghfoundation.crowdchange.co/14571>.

For more information, please call **Alex Trichas** at **514 267-8758** or email: alex@dorvalautoparts.com

On behalf of Group Dorval-Sources-St-Henri, thank you in advance for your support.

First name _____	Last name _____
Home address _____	
City _____	Province _____ Postal Code _____
Tel () _____	E-mail _____

Company name _____	Is this a company donation? YES <input type="checkbox"/> NO <input type="checkbox"/>
Company address _____	
City _____	Province _____ Postal Code _____
Tel () _____	E-mail _____

<u>Donation by cheque or in cash</u>	Amount \$ _____	Cash <input type="checkbox"/>	Cheque N° _____
If by cheque, please make it payable to Hope & Cope			

<u>Donation by credit card</u>			
Name on credit card _____	VISA <input type="checkbox"/>	MC <input type="checkbox"/>	AMEX <input type="checkbox"/>
Credit card N° _____	Exp _____ / _____		
Signature _____	Amount \$ _____		